**Accessing informal advice:**

If you would prefer an informal discussion about your child’s progress, you can request a 15 minute Advice Session via telephone call. During the session a therapist will talk through your concerns with you and can then make decisions together about what happens next. For further information

**For pre-school children:**

**If you live in Bedford Borough or Central Bedfordshire**,visit [**https://childspeechbedfordshire.nhs.uk/how-to-refer/early-advice-sessions/**](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fchildspeechbedfordshire.nhs.uk%2Fhow-to-refer%2Fearly-advice-sessions%2F&data=05%7C01%7Candrew.leddington%40nhs.net%7Cb5d920b484f748c771cd08db4bc6dc86%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638187089686186273%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=juIfeP3n0Cxm3iRUjciaXTDtqTzUdufuuQ%2Fxe4oP0aA%3D&reserved=0)

**If you live in Luton,** please contact your Health Visitor or speak with your child’s nursery/preschool.

**For School age children:**

Please call the Children’s health Hub on 03005550606 and ask to book a telephone advice session.